

Gunnedah Public School NEWSLETTER



Term 2, Week 10

Thursday July 3, 2025

Principal's Message



with Mrs Mac

As we reach the end of another busy and productive term, I want to take a moment to reflect on the wonderful experiences our students have had over the past few weeks. This term has been filled with exciting sporting events that showcased the talent and teamwork of our students. It has been heartening to see their dedication and sportsmanship on display.

One of the highlights this term was our pop-up restaurants, where students had the opportunity to cook for our community. It was a fantastic experience that not only showcased their culinary skills but also fostered a sense of pride and connection with our families and friends.

Additionally, we had the pleasure of hosting the New England North West hub, welcoming 70 guests to our school. This event provided a unique opportunity for our students to engage with the wider community and for the school to showcase the positive programs we offer.

This week, we proudly celebrated NAIDOC Week, a time to reflect on and honour the history, culture, and achievements of Aboriginal and Torres Strait Islander peoples. The activities and discussions held throughout the week were both enlightening and inspiring, reinforcing our commitment to reconciliation and cultural respect. Looking forward to seeing everyone back next term!

I would also like to share a wonderful sentiment from Mitch Tambo, who recently expressed his admiration for our school, stating that he loves the sense of culture and feel of our community. His gratitude for what we have created together is a testament to the positive environment we strive to foster.

I would like to take this opportunity to thank each of you for your ongoing support of our school community. Your involvement is vital in creating a nurturing and engaging learning environment for our students.



NAIDOC MARCH

This year's NAIDOC Week celebrations commenced with an energetic march down the main street, uniting the community in a vibrant display of culture and pride. Students, families and local leaders gathered to honour the history, culture and achievements of Aboriginal and Torres Strait Islander peoples. Local schools played a key role in the march, not only celebrated the rich traditions of Aboriginal and Torres Strait Islander peoples but also emphasised the importance of reconciliation and unity within the community.







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Principal: Mrs Cathie McMaster



ATHLETICS CARNIVAL

On Friday, June 27th, Gunnedah Public School athletics carnival was held at Gunnedah High School where this year's carnival was filled with excitement and featured a variety of athletic events designed to challenge our students and showcase their talents. A special highlight of the day was witnessing students actively cheering for each other, which truly embodied the spirit of sportsmanship. It was heartwarming to see students celebrating their friends' achievements, regardless of the outcome, reinforcing the importance of encouragement and teamwork. We would like to extend a thank you to everyone who helped make the day a success. A special shoutout goes to the parents who volunteered their time to run the canteen, providing delicious snacks and refreshments that kept everyone energised throughout the day. Overall, the athletics carnival was a fantastic opportunity that brings together students, staff and families to celebrate physical

activity and school spirit.









































TO FOR TO REWARDS

This term, we celebrated our students' hard work and commitment to our school values with the exciting 10 for 10 rewards program. Students who earned ten value stickers were invited to participate in a day of fun activities at Pensioners Hill. Everyone had a great time playing games together. The day was filled with laughter as students took part in different activities that encouraged teamwork and friendship.

We are very proud of our students for showing our school values and reaching this goal. Events like this help us recognise their hard work and build a strong school community. A big thank you to the staff who helped make this event happen. We can't wait to see even more students earn their value stickers and join us for the next 10 for 10 celebration























HELP YOUR CHILD LEARN THAT EFFORT = GROWTH

Every child will face challenges, and how they think about those challenges makes all the difference. When we teach our kids to believe they can grow and improve through effort, we're helping them develop a growth mindset, which has lifelong benefits.

Kids with a growth mindset believe that with practice and perseverance, they can get better at anything. This helps them stay motivated, bounce back from setbacks, and see mistakes as opportunities, not failures.

Try this: When your child says, "I'm no good at this," try responding with: "You're still learning—keep going and you'll get there."

Focus your praise on their effort or strategy, like "You really stuck with that puzzle even when it got tricky - great persistence!"

It's not about being perfect, it's about showing up, trying again, and knowing they're growing every step of the way. And when they see you do the same, that's where the magic happens!

MITCH TAMBO

We had an amazing time celebrating NAIDOC Week with the talented Mitch Tambo. Students were thrilled to welcome him as he brought his energetic performances to our school.

Mitch engaged everyone with his powerful storytelling through song and dance. His performances not only entertained but also taught students about Aboriginal culture and history in a fun and interactive way. The energy in the hall was electric as students joined in, singing and dancing along. It was a wonderful opportunity for everyone to connect with the rich traditions and stories of Indigenous Australians.

Thank you, Mitch Tambo, for sharing your talent and passion with us during this special week. We look forward to more celebrations that honour our diverse cultures and inspire our students!



NAIDOC ASSEMBLY

We recently celebrated our NAIDOC assembly with great enthusiasm and pride. Our students showcased their talents through impressive performances that highlighted the rich culture and history of Aboriginal and Torres Strait Islander peoples. As part of our celebrations, we held a smoking ceremony to cleanse the space and pay respect to the traditional custodians of the land. This important ritual allowed us to connect with the cultural heritage of our community. We were delighted to welcome families and friends to join us in this significant event. Their presence made the occasion even more special, reinforcing our commitment to fostering a strong, inclusive school community. Thank you to everyone who participated and contributed to making our NAIDOC assembly a memorable experience!



















ATHLETICS CARNIVAL AGE GROUP AWARDS











FREE Royal Far West Online Parenting Group

Royal Far West are offering our school free access to 2 online parenting programs again in Term 3 starting in Week 2. 'Tuning in to Kids' (TIK) will be offered as an evening group; and 'Circle of Security' (CoS) will be offered as a daytime group. Please see attached flyer for more details. For any parents and carers who would like to join the online parenting groups but are unable to access a Zoom meeting on their own phone or computer, we will make a room available at GPS for you to attend each week. If you would like any help to sign up to the program, would like to join the Zoom sessions at our school, or if you have any questions, please contact Allyson Hoban on 67422266.

Community Recovery Services



Online Parenting Group

Online parenting groups are for parents & carers who would like to:

- Understand their child's emotional world by learning to read their emotional needs
- Support their child's ability to successfully manage emotions
- Improve communication and strengthen the bond with their child
- · Better understand their child's behaviour and learn new parenting approaches



We are offering two programs: Circle of Security and Tuning in to Kids.

What is Circle of Security®?

The Circle of Security (CoS) Parenting™ program is based on decades of research about how secure parentchild relationships can be supported and strengthened. It is best suited for parents/carers of children aged 1-5 yrs although can be beneficial for all parents/carers.

What is Tuning in to Kids®?

Tuning in to Kids (TIK) is an evidenced based, emotion-focused parenting course that supports Parents & carers to recognise, understand and manage their own and their children's emotions. It is best suited for parents/carers of children aged 3-12 yrs.

Who is it for?

We are delivering TIK & CoS as part of our Community Recovery Service which covers the following LGAs in NSW: Cabonne,

Cootamundra-Gundagai, Dubbo, Forbes, Gunnedah, Snowy Valleys, Glen Ines, Severn and Snowy Monaro.

Where?

Groups will take place online via Zoom. Access to stable internet, a computer/device, and a private space will be required.

Pending numbers, we usually offer a group each school term.

"I am so incredibly grateful for this course! I couldn't be more thankful for my learning and the strategies that are making an amazing difference with both my boys" - Parent

When?

For School Term 3, 2025 our groups will happen at the following times - please choose one:

Circle of Security®:

Tuesday Mornings 10am-12pm Starting 29th July 2025 & running for 8 weeks until 16th September 2025

Tuning in to Kids®:

Wednesday Evenings 7:45pm-9:15pm Starting 30th July 2025 & running for 6 weeks until 3rd September 2025

Next steps:

Our groups are free to join. If you are interested please contact our team by Wed 2nd July 2025 (or as soon as possible following).

Email community.recovery@royalfarwest.org.au or call (02) 8622 6808

Funded by the Australian and NSW Government





Funded under the Disaster Ready Fund – an Australian Covernment initiative. This program currently receives funding from the Australian Government and the NSW Government.



SOUTH TALENT OUEST PORS NATION WEEK

"THE NEXT GENERATION: STRENGTH, VISION & LEGACY

HOSTED BY GUNIDA GUNYAH
IN PROUD PARTNERSHIP WITH RED CHIEF LOCAL
ABORIGINAL LAND COUNCIL AND WINANGA-LI

COME SUPPORT OUR DEADLY YOUNG PEOPLE AS THEY SHOWCASE THEIR TALENT, PRIDE, AND CULTURE!

TO BE HELD AT @ THE RED CHIEF LANDS COUNCIL.
GUNNEDAH - 26A CHANDOS STREET

THRUSDAY THE 17TH OF JULY STARTING AT 1.00 PM.

FREE COMMUNITY BBQ & ACTIVITIES

BBQ SERVED AT 2PM | TEA & COFFEE | FACE PAINTING & GIVEAWAYS FOR KIDS

PRIZES & AWARDS









PRIZES & AWARDS





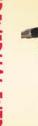
PRIZES IN EVERY CATEGORY

SPECIAL AWARDS FOR CULTURAL PRIDE. CREATIVE SPIRIT & BEST OVERALL

PARTICIPATION CERTIFICATES FOR ALL



TALENT QUEST CATEGORIES



DANCE (SOLO) - CULTURAL, HIP-HOP, FREESTYLE MUSIC (SOLO) - SINGING, RAPPING, INSTRUMENTAL

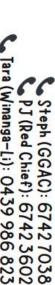
CULTURAL PERFORMANCE (SOLO) - LANGUAGE. SONGLINES. TRADITIONAL DANCE SPOKEN WORD / POETRY - STORYTELLING, SLAM POETRY, SPEECHES VISUAL ART — SUBMIT ARTWORK BEFORE THE EVENT



DRAMA / SKITS - GROUP PERFORMANCES WITH A STORY OR MESSAGE DANCE (GROUP) - CULTURAL, HIP-HOP, FREESTYLE MUSIC (GROUP) - BANDS. DUOS. GROUP INSTRUMENTALS CULTURAL PERFORMANCE (GROUP) - DANCE. SONGLINES. STORYTELLING











SOOH EISSOV

U10 - U12 BOYS AND GIRLS T E R M 3

1 Hour Session from 5:15pm-6:15pm

- Term 3 Week 1 Commencing Wednesday 23rd Ju Gord HTTP://REGISTRATION.BASEKTBALLCONNECT.COM/LOGIN



Celebrating 40 Years of Connection & Community

Join us in celebrating 40 years of preserving culture, Red Chief Local Aboriginal Land Council

supporting community, and honouring the land

Date: Saturday 20th of September 25

Captlereagh Connection

Time: 6pm

Location: Club Gunnedah

313 Conadilly St, Gunnedah

Tickets on sale from Monday 4th of August 2025

Older Children (7-12 years): \$30 per child

Teenagers (13+ years) @ adult prices: \$60 per

Price includes: 3 course meal, soft drinks for tables and entertainment – Any alcohol purchase would be

Tickets will be available to be purchased from Club Gunnedah as of Monday 4th August 2025

Together, we

honow owrpast, bresent, and celebrate our

build our future For more info contact Red Chief LALC

02 6742 5602





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30 JUNE	1 JULY	2 JULY	3 JULY	4 JULY
WEEK 10	NAIDOC Week street march 9:15am		NAIDOC Week Opening ceremony 12pm NAIDOC WEEK		LAST DAY SCHOOL KINDERGARTEN RAINBOW SERPENT EXCURSION
	TERM 3				
	21 JULY	22 JULY	23 JULY	24 JULY	25 JULY
WEEK	STAFF DEVELOPMENT DAY	FIRST DAY OF TERM 3 FOR STUDENTS			

