

## Gunnedah Public School NEWSLETTER



## Term 3, Week 7



#### STAFF DEVELOPMENT DAY

Last Saturday, staff spent the day at Borah Crossing learning all about the significance of the area from Emma Costello. The day was incredible and the information that Emma shared and the sites we saw not only increased the personal knowledge of our staff but will also add to the Aboriginal perspectives throughout our curriculum. I would like to sincerely thank Emma Costello for not only giving up her time on a Saturday, but for the work she is doing to preserve our Aboriginal history.













## Thursday, August 31 2023

#### **FATHERS DAY BBQ**

Due to an extremely busy week and students being absent on excursions and sporting events, we have decided to celebrate our fathers and father figures at a breakfast BBQ on Monday 4th September at 8:15am. Please come if you're available to celebrate the wonderful father figures in our lives.

## FREE MEDICAL HEATLH CHECKS

Just a reminder to return the free health check forms to the office within the next couple of weeks. If you did not receive a form please contact the office and we will send one home with your child.

#### **COMPASS TEXT MESSAGING**

As some would be aware, we have now set up a text messaging system through the school for unexplained absences. If your child is not present at school and we have not heard from you, you will receive a text message stating they are absent and asking why. This system is very easy, all that is needed is a return message with the reason they are away. We realise that everyone's lives are busy and at times things slip our minds and the idea is just a quick and easy way for parents to explain absences.

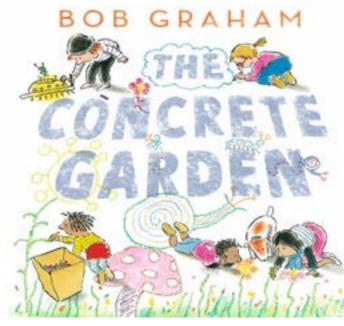
## **Quality Education in a Caring Environment**

Bloomfield Street, Gunnedah, 2380 Phone: (02) 6742 2266 Fax: (02) 6742 4309 Email: gunnedah-p.school@det.nsw.edu.au Principal: Mrs Cathie McMaster



## Book Fair

Thank you to all who purchased books from the Book Fair. Our sales were phenomenal, and this has enabled us to purchase more new and exciting books throughout the year. We are still waiting on re-orders to arrive and these will be sent home as soon as they arrive at the school.



The Concrete Garden is a wonderful new addition to our library. It's a story of finding optimism during the COVID pandemic and the creativity of children living and being isolated in high rise buildings at the time. Children came together and were given crayons to create their own exotic gardens across the cement. The book is written by the Australian author Bob Graham.

A reminder that you can purchase one of our fabulous library bags from the front office for \$12.00.

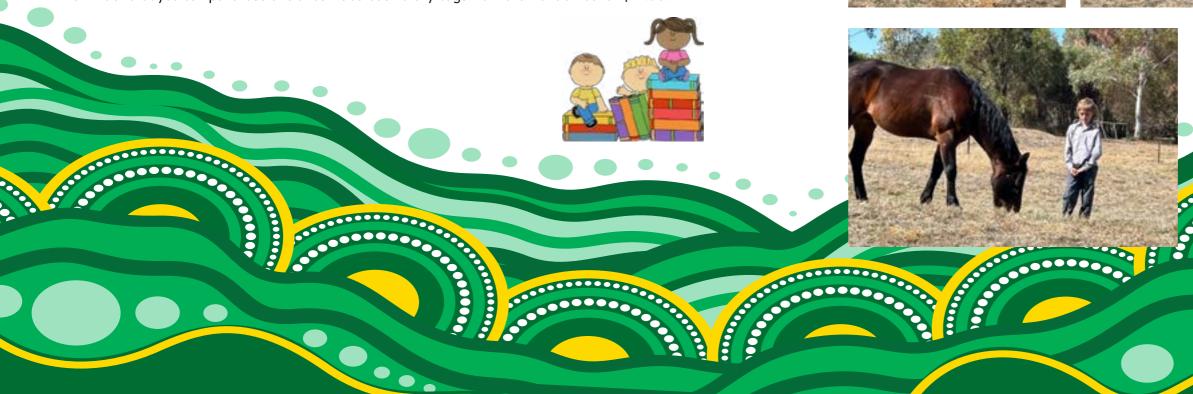
















## **GULGONG EXCURSION - STAGE 2**



## **NSW TOUCH FOOTBALL GALA**

On Tuesday, Gunnedah Public School took six teams to the Touch gala day - three Year 3/4 teams and three Year 5/6 teams. There were teams from all the other primary schools in town including Christian schools and some teams from Carroll, Curlewis, Mullaley and Boggabri. Each team played at least four games over the day. The Year 3/4 teams only played on half size fields. Our kids learnt a lot more about touch footy and represented the school famously.

A huge thanks to Mrs Cameron, Mrs Hempstead and Fletcher for coaching and supervising teams. It was hot and sweaty work. Also thanks to the parents that popped down and supported their kids.

Each player will have received a \$10 discount off the upcoming Junior Touch Football competition that kicks off in Term 4. Players can register individually or create their own team (8-10 players). They play on Monday nights at around 5.45pm.

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## **EARLY BIRDS**

We have had another fun-filled week at Early Birds. This week, our students enjoyed reading 'Mr Achimedes' Bath' by Pamela Allen. We then explored the concept of displacement through water play. As always, we enjoyed playing a variety of games with our new friends.

It is not too late to enrol your child at GPS for Kindergarten 2024. All students who are enrolled are welcome to take part in our fantastic transition program.







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## **EARLY BIRDS**











## Information Day.

## Services available on the day:

- Dr Sue Amarasena
- · Sue Elms OT
- Rachel Peake Stroke Coordinator plus Heart
- · Youth Insearch
- · Healthwise
- Police
- Centrecare
- Salvation Army
- Headspace
- NDIS

Come to our ONE STOP Shop on Saturday 9/9 2023 11AM - 2PM in the playground at GPS. Food and drinks will be provided and games for the kids to play. Come and speak with one or many of the services on offer.

Youth Insearch - provides assistance for troubled youth aged 14 years and above Headspace - provides counselling services for young people NDIS - assistance with applying for a package Dr Sue Amarasena - assistance with Mental health issues **Gunida Gunyah** - assistance with housing and other programs Winanga-Li - programs to assist families









## MEMBERS OF AN ASSOCIATION - \$60



#### Walhallow Aboriginal Corporation

#### **Health Assessment**

The assessments will be conducted at the school during school hours commencing Term 4. Please fill out the questionnaire about your child and the assessment will be completed at school.

A health assessment is an easy and simple way to make sure your child is developing appropriately. If there are any issues, we can easily create referrals to specialists and allied health professionals.

What is included in a comprehensive health assessment:

- Eye check
- Ear check •
- Height and weight check
- Blood pressure, pulse, temperature, and oxygen level •
- Basic teeth check (with referral to a dentist if needed) •
- Simple skin check
- Education around healthy eating and healthy behaviours. •



With Father's Day just around the corner, we wanted to remind you of the invaluable role of fathers in children's lives. In this fast-paced world, it's easy to get caught up in our daily routines and commitments, often leaving us with less time than we'd like to spend with our loved ones, especially our children.

Quality time is the cornerstone of strong and meaningful relationships, and it holds an even greater significance when it comes to the bond between a father and their child. Those shared moments of laughter, learning, and simply being present create lasting memories that shape a child's life.

As a father, you have the extraordinary opportunity to be a role model, a confidant, and a source of support.

So, as we celebrate Father's Day, let's remember the moments that matter most and make a conscious effort to spend 10 more minutes of quality time each day with our kids.

## **TOP TIPS**

Focus on connecting. Help your child to feel like they are valued, loved and worth your time.

Book in a dad date. It doesn't have to be extravagant, a milkshake date, a trip to the local park, kicking the footy or being creative together.

No distractions. Quality time means no distractions. It's time to focus and connect with your child.

## DAD JOKE OF THE WEEK

I can't believe someone broke into my house and stole my fruit. I am peachless...

**RAL OUTREA** ATHOLOG S P E C

Presenta

Discover how to build positive model the advected best our free Community Prese

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28th Sept 2023

25th

Gunnedah



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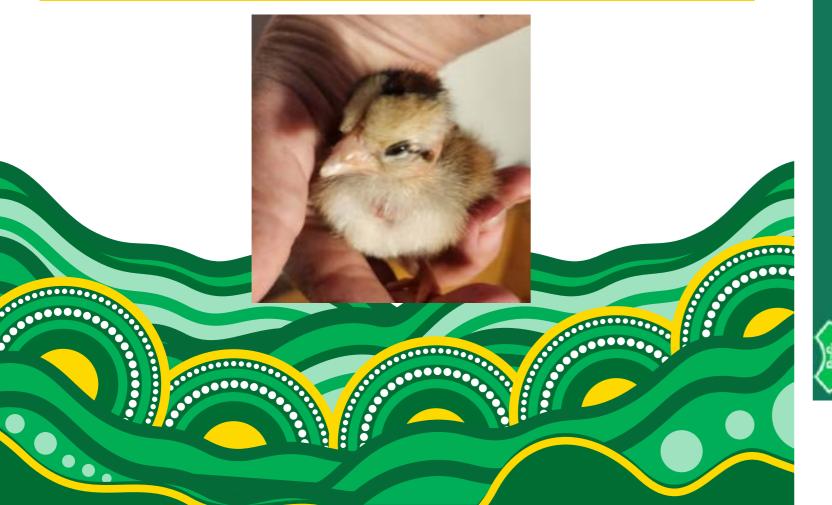




# Gunnedah Public School

TERM 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 7	AUGUST 28	AUGUST 29	AUGUST 30	AUGUST 31	SEPTEMBER 1
	12pm-2.30pm Gunnedah High School Year 7 2024 Transition Day	Touch Football Gala Day	-	CANTEEN: Bacon & Cheese Pasta	ASSEMBLY featuring Stage 3L
WEEK 8	SEPTEMBER 4	SEPTEMBER 5	SEPTEMBER 6	SEPTEMBER 7	SEPTEMBER 8
	8.15AM FATHER'S DAY BBQ			HOMEWORK CLUB CANTEEN: Roast Chicken & Gravy roll	
WEEK 9	SEPTEMBER 11	SEPTEMBER 12	SEPTEMBER 13	SEPTEMBER 14	SEPTEMBER 15
	4	6.30pm-8.00pm Resilience Project Parents Online Session — HEALTHY HAROLD VAN —		RU OK? Day HOMEWORK CLUB CANTEEN: Meat Pie & sauce	
WEEK 10	SEPTEMBER 18	SEPTEMBER 19	SEPTEMBER 20	SEPTEMBER 21	SEPTEMBER 22
				NO CANTEEN	LAST DAY OF TERM 3

## **SCHOOL HOLIDAYS SEPTEMBER 23 - OCTOBER 8**



Program CH00L 0 U S Transiti PUB GUNNEDAH Birds Tra Early



# information letter via mail about our transition program. Please contact the school on Families who have already enrolled their child at GPS should have received an Enrolments for Kindergarten 2024 are still open! 6742 2266 if you have not received this information.

